

EXERCISE

[Based on Visual Stimulus]

S.No-1

1. Fast food or junk food is very popular among the younger generation. They are unaware of the health hazards caused by it. You feel concerned. Express your views in an article in 100-150 words on 'Health Hazards Caused by Junk Food'.
2. Sonal makes the following notes on Carbon Cycle in nature. Using Sonal's notes and ideas of your own write an article on Carbon Cycle in nature in minimum 100-150 words.

Plants—exhalation—animals—respiration—release carbon dioxide—dead animals and waste material—burning fossil fuels—wood, coal, gas,—carbonic fuels release—plants absorb carbon dioxide—retain carbon—release oxygen in atmosphere—carbon goes to earth and ocean through roots

3. You are Maha/Ved. You visited the Water Park near your city as a part of school excursion. You noticed that the water was not clean and also had a stale smell resulting in a decrease in the number of visitors. Write an article in 100-150 words for your school magazine about your experience and how the polluted water would further affect the visitors. Include the precautions to be taken in the Water Park.
4. You are Urmila/Umesh of class X. You are worried about the outbreak of dengue fever in your locality. Some of the members of your family have also become its victim. Your doctor gives you a pamphlet on the preventive measures. Using the information given therein and your own ideas, write an article for circulation in the school on the precautions one should take to prevent dengue fever. (Word limit: 100-150 words)

PREVENTION IS BETTER THAN CURE

PROTECT YOURSELF

KEEP MOSQUITOES AWAY

- Wear long-sleeved clothes—cover maximum of body
- Use mosquito nets and repellants
- Check screen doors and windows for gaps
- Spray insecticide in the house
- Do not allow water to stagnate in pools

Empty or remove water from:

- | | | |
|-----------|----------------------|---------------|
| • floors | • plastic containers | • buckets |
| • coolers | • used tyres | • flower pots |
| • cans | • pot holes | • empty boxes |
- Clean your pet's water containers and flower vases at least once a week

DESTROY MOSQUITO BREEDING PLACES

PREVENT DENGUE

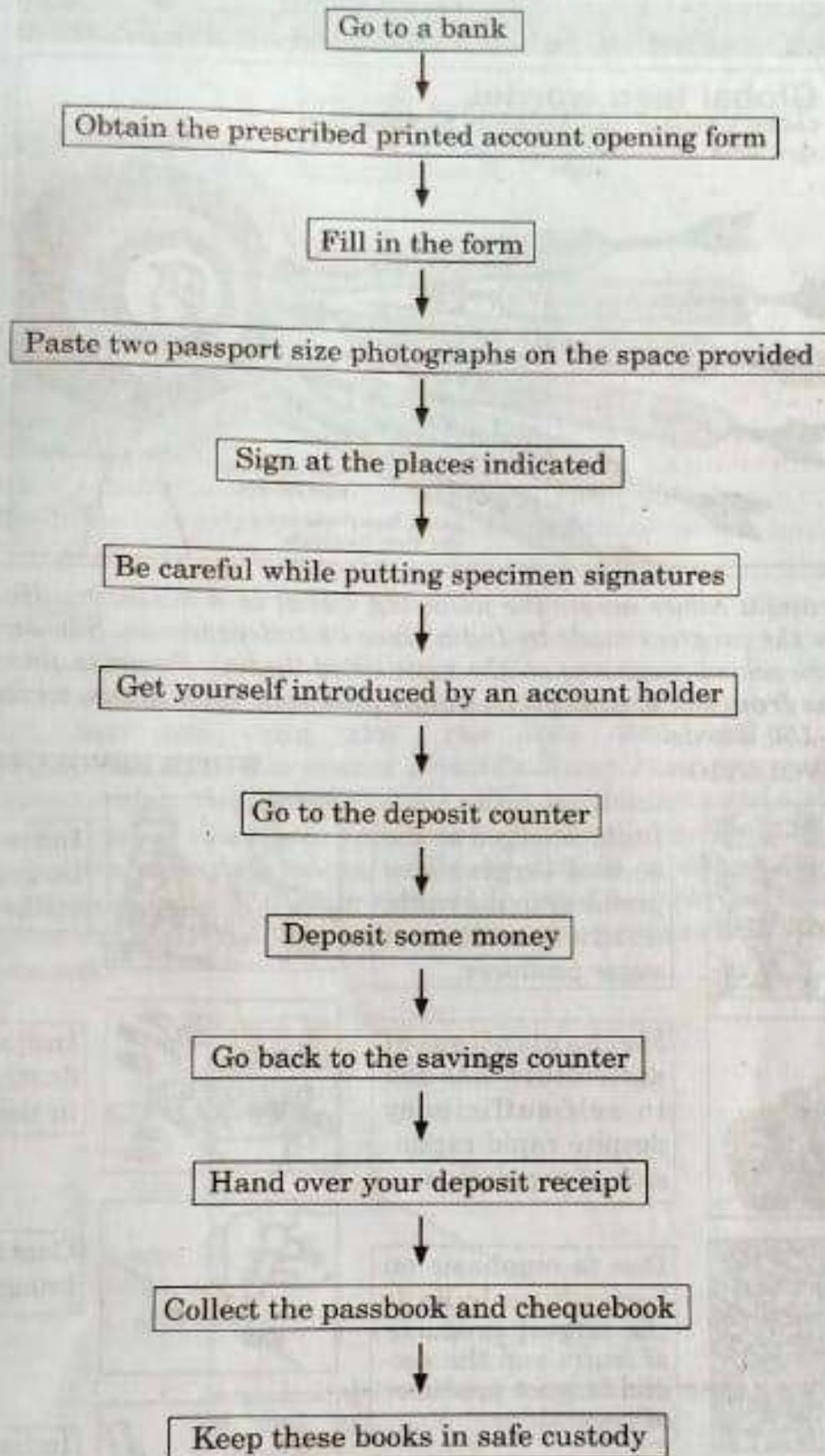
IN CASE YOU DO GET FEVER, AVOID SELF-MEDICATION

CONTACT YOUR DOCTOR IMMEDIATELY

S.No.2

5. Read the following flowchart describing the process of opening a savings bank account. With its help, write a suitable paragraph describing the process clearly. Also give it a suitable title. (Word limit: 100-150)

OPENING A SAVINGS BANK ACCOUNT



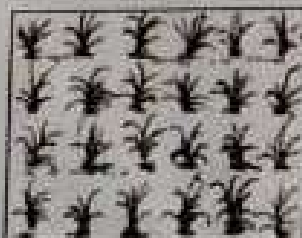
S.No-3

6. Look at this visual from a report based on teenage problems. Using the information given in the picture and your own ideas and opinion on the subject, write an article for a newspaper on the problems and stress faced by teenagers nowadays. Sign yourself as Mudit/Mohini. (Word limit: 100-150 words)

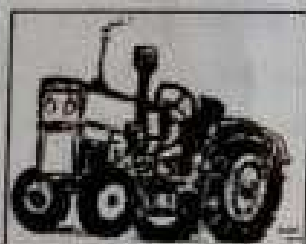


7. Pramod / Pramila comes across the following visual in a magazine. He / She feels quite happy to see the progress made by India since its Independence. She decides to write an article for the school magazine on the topic titled 'India's Progress since Independence'. Using ideas from the visual given below and your own ideas, write the article in about 100-150 words.

GREEN REVOLUTION



India emerged as the second largest rice producer in the world and the second largest sugar producer.



Mechanisation of agriculture has led to self-sufficiency despite rapid expansion of population.



Due to emphasis on horticulture India is the largest producer of fruits and the second largest producer of vegetables.

WHITE REVOLUTION



India is the world's largest producer of milk.



Indian pharma industry ranked fourth in the world.



Contagious diseases brought under control.

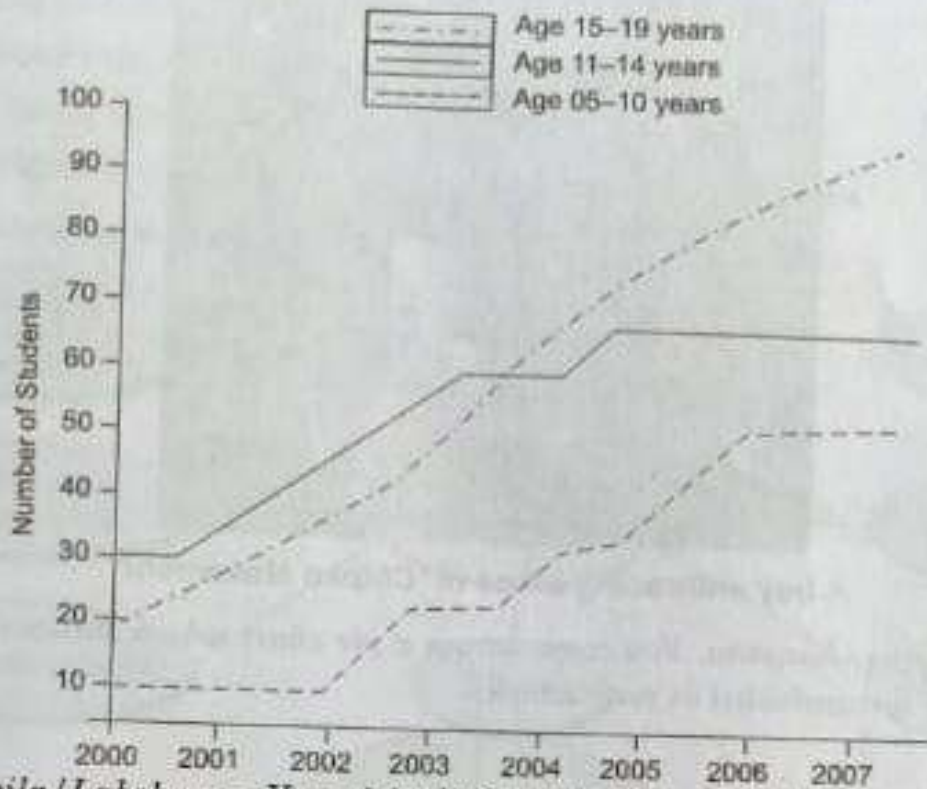


India has made rapid strides in defence preparedness.

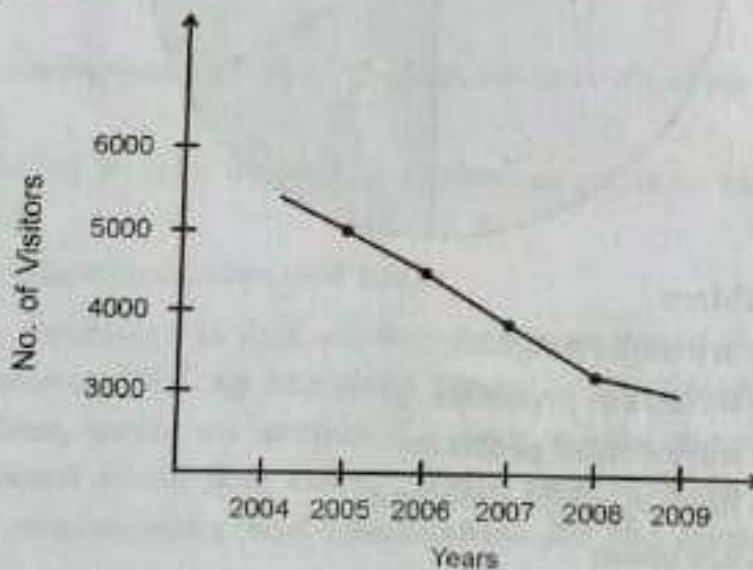
S No. 4.

8. You are Sudhir / Swathi of 15, Ram Bagh, New Delhi. You are alarmed at the increasing obesity among school students. Taking information from the graph given below, together with your own ideas, write an article in about 100–150 words on the need to tackle this problem. Also suggest measures to curb obesity.

ABC School, Delhi
Prevalence of Obesity among Children and Adolescents



9. You are Leila / Lakshman. You visited Donald's Water Park near your city as a part of your school excursion. You noticed that the water was not clean and also had a foul smell resulting in decrease in the number of visitors. Taking ideas from the graph shown below along with your own ideas, write an article in about 100–150 words for your school magazine about your experience and how the polluted water would further affect the visitors. You may mention the precautions to be taken in the said water park.



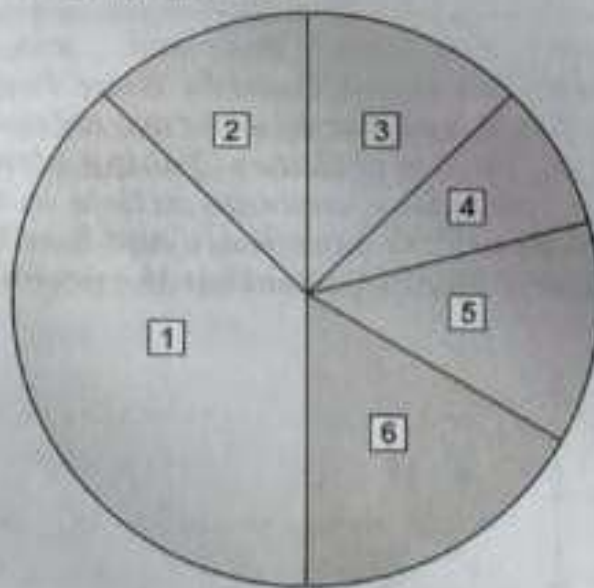
S.No.5

10. You are Naina/Nayan. Write an article in about 100-150 words, on the importance of afforestation and maintaining a green cover in the country to prevent pollution and global warming. Use the ideas from the picture given below and your own ideas.



A boy embracing a tree in 'Chipko Movement'

11. You are Ronojoy/Ranjana. You come across a pie chart which shows the results of the health check-up conducted in your school.



- 1 shows normal children
- 2 shows those who are underweight
- 3 shows those who have skin problems
- 4 shows those who have dental problems
- 5 shows those who have eyesight problems
- 6 shows those who are obese